

# Data Backup

In order to meet HIPAA compliance requirements and Electronic Code of Federal Regulations (CFR) section 164.308, medical practices must adhere to stringent standards for data backup & disaster recovery. These standards include backup encryption, viability testing, offsite backup storage, intra-daily data capture, and an adequate disaster recovery plan. With these requirements in mind, we created DHS ProActive Backup.

## DHS ProActive Backup features:

- Powered by Veeam (named the enterprise backup market leader by Gartner, Inc).
- Hourly backups of all data and software.
- Daily backup verification and weekly health checks.
- Backup encryption.
- Onsite & offsite backup for fast data restores and storage redundancy.
- Offsite backup storage in a secure SSAE 16 type II compliant data center.
- Disaster recovery ability to quickly recover server to backup appliance if primary server fails.
- 24x7x365 Monitoring and remediation of issues by DHS.

## Veeam Backup & Replication

*Backup*

*Replicate*

*Recover*

100% Reliability

Best RTOs and RPOs

Fast and Flexible

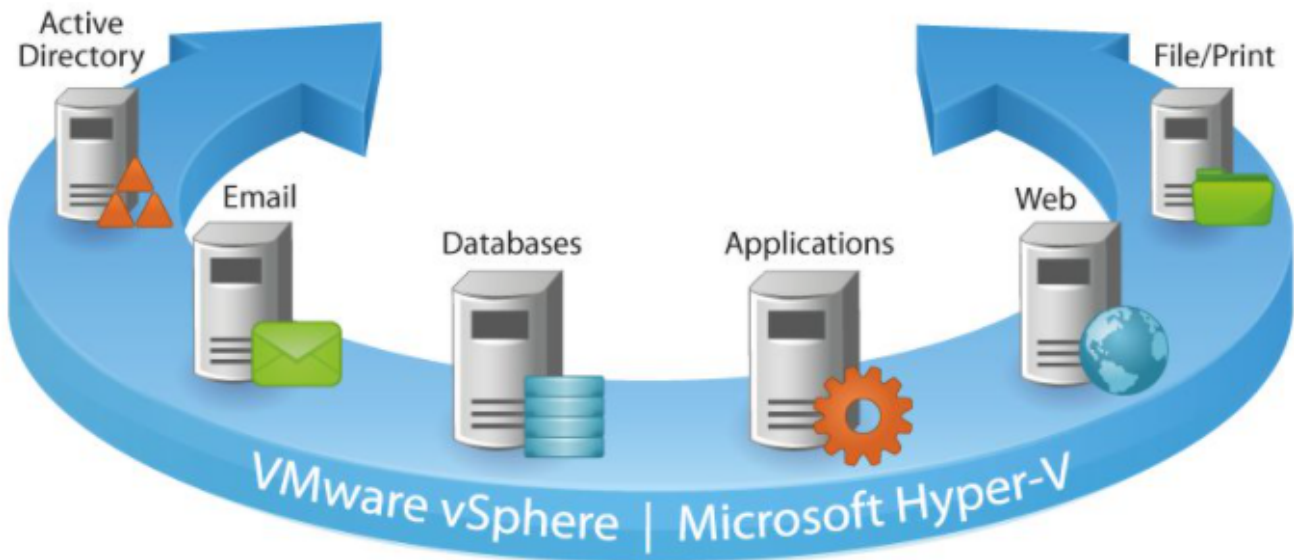


Figure 1. Magic Quadrant for Data Center Backup and Recovery Solutions



Source: Gartner (July 2020)